# Two Week Record Diary

Thank you for downloading an online-only version of Bayer Diabetes Care's record diary. This record diary provides enough space to record two weeks' worth of blood glucose results; ideal for a holiday or when you simply don't have the space to carry a larger diary. Your diabetes healthcare team will advise when it is most appropriate to test your blood glucose.

| DATE | | TEST TIME | | | | | | | TREATMENT | | | | Comments, Reactions, Medication, Illness, Diet, etc. |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Day | Time | Before Breakfast | After Breakfast | Before Lunch | After Lunch | Before Dinner | After Dinner | Before Bed | AM | AM | PM | PM | |
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As a Bayer meter user, you are entitled to a free of charge full-year record diary every year. Simply log on to **www.bayerdiabetes.co.uk** to request yours.